Donation-based yoga classes are a perfect way to bring your community together and raise money for Yoga Reaches Out.

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<thead>
<tr>
<th>studio owner</th>
<th>teacher</th>
<th>student</th>
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<tr>
<td>Studio owners are in a great position to offer their space for benefit classes. Organize a class or see if another instructor would be interested in taking the lead.</td>
<td>Approach your studio owner or manager with the idea to host a benefit class for Yoga Reaches Out. Work out specific details in advance—date, suggested donation amount, etc.</td>
<td>Ask your teacher or studio manager/owner if they would be open to donating studio space and teaching time for a Yoga Reaches Out benefit class. Offer to help with promotion, donation collection, and logistics.</td>
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**1. choose a suggested donation**
While the goal of the class is to raise money for Yoga Reaches Out, be cognizant of how much people will be able to donate to attend. The studio’s drop-in rate could be a reasonable dollar amount to use as the suggested minimum donation.

**2. make the class special**
What can you do to make the class stand out? Choose special music, add a theme, try team teaching with a few teachers or have a guest teacher, recruit assistants to do adjustments and massage throughout class, or add an extra half hour for deeper restoration.

**3. promote**
Use social media, send an email to the entire studio, talk about the class in the monthly newsletter, and ask teachers to make an announcement at the end of their regular classes.

**4. handling donations**
It’s easiest to collect donations as people arrive for class. Display signage that clearly states the suggested donation amount and the ways that people can donate (cash, check, etc.). Funds raised can be divided to support all members of your Yoga Reaches Out team.

Checks can be made out to “Boston Children’s Hospital” and mailed to: Boston Children’s Hospital Trust Attn: Yoga Reaches Out 401 Park Drive, Suite 602 Boston, MA 02215

We do not recommend mailing cash. If you receive cash, you can either make a donation through your online fundraising page or bring it to a bank to exchange for a bank check.

Questions about any of these ideas? Reach out: yoga@chtrust.org