

Get ready for some fierce competition, a chance for glory
and to help kids at Boston Children's!

virtual event guide

1

Create a team

Recruit **8 – 20 colleagues** for your dream team.

By May 15

Select a captain and [create your company's team page](#) on the Corporate Cup website.

By June 1

Encourage all participants to join your company's team page

2

Raise funds for kids

Game day glory's great, but helping kids is even better.



Lead by example:

Tap into individual networks, in your office and beyond.



Patient Partner Program

Do you know a child who's been helped by Boston Children's? Inspire your team by finding a patient partner you can dedicate your play to. Reach out to our team to learn more about the [Patient Partner Program](#).

3

Rally your troops

Organize trainings and host fundraising activities for your team.

Pregame:

Review event-day activities.



Scoreboard

[Keep tabs on the competition](#)

By March 1: earn 10 points by having 8+ participants registered.

By June 24: Earn 1 point for every \$1,000 your team raises (capped at 15 points).

Game day #1:

June 22

**NEW ENGLAND
DEVELOPMENT**

Opening Ceremonies

Lead your team to victory!

GAME DAY #1 – June 22 at 12:00pm **DELTA**
water shootout

8 participants will compete: Each participant will have 10 chances to throw a ping pong ball (or ball of tinfoil) into three cups set up 6 feet away. 1 point will be scored each time the participant gets the ball into the cup. The total points of all participants will be the team total.

Point System

The team with the highest total points will come in first place and receive 80 points. Second place will receive 79 Points. Third place will receive 78 points and so on. The last place team will receive 1 point.

**steps challenge**

All team members will participate: Participants will have 1 day to track their steps. Participants must have the ability to screenshot or take a photo of their steps on competition day. The Team Captain will submit all the evidence in one document to corporatecup@chtrust.org by 5:00 pm. The team with the highest average number of steps will come in first place.

Point System

The team with the highest total points will come in first place and receive 80 points. Second place will receive 79 Points. Third place will receive 78 points and so on. The last place team will receive 1 point.

GAME DAY #2 – June 23 at 12:00pm
abc aerobics

All team members will participate, with a maximum of 20 people. For teams under 20 people, participants will have to do more than 1 letter. Participants will complete the phrase "Compete. Have Fun. Do Good." with corresponding athletic tasks based on each letter (i.e. C = 20 burpees; O = 10 jumping jacks, etc.) Scoring will be based on how long it takes the team to complete the phrase.

Point System

The team with the fastest time will come in first place and receive 80 points. Second place will receive 79 Points. Third place will receive 78 points and so on. The last place team will receive 1 point.

**mental gymnastics**

All team members will participate (with no max) in this 25 question trivia game. All participants will compete individually. The total points of the top 5 participants will be the team total.

Point System

The team with the highest total team score will come in first place and receive 80 points. Second place will receive 79 Points. Third place will receive 78 points and so on. The last place team will receive 1 point.

GAME DAY #3 – June 24 at 12:00pm

minute to find it

All team members will participate, with a maximum of 20 people. The team guide will read off 20 different household items, one at a time. Everyone on the team will search their home for the specific item and bring it back to their computer. Each item will be timed based on when the first person brings the item back to the computer. Each team will have 60 seconds to retrieve the item and if no one on the team can retrieve the item in 60 seconds, the round total is 60 seconds. Scoring will be based on overall time.

Point System

The team with the lowest overall time will come in first place and receive 80 points. Second place will receive 79 Points. Third place will receive 78 points and so on. The last place team will receive 1 point.

Cannistraro

freeze! like a tree

All team members will participate, with a maximum of 20 participants. Participants will hold a tree pose for as long as they can while being timed. If their foot comes off of their leg, the participant will be ruled out by the team guide. The team will continue to be timed until there are only 3 participants remaining, upon which the team's time will be recorded.

Point System

The first place team will receive 80 points. Second place will receive 79 Points. Third place will receive 78 points and so on. The last place team will receive 1 point.

GAME DAY #4 – June 25 at 12:00pm



flip cup relay

All team members will participate, with a maximum of 20 participants. For teams under 20 people, participants will have to do more than 1 turn. Each participant will go one at a time and try to flip a cup 180 degrees. Once that occurs, the next participant will go. Participants cannot do back to back turns.

Point System

The team with the fastest time will come in First place and get 80 points. Second place will get 79 Points. Third place will get 78 points and so on. The last place team will receive 1 point.



sock(er) shootout

All team members will participate, with a maximum of 20 participants. No hands allowed. How many pairs of rolled up socks can you score into your laundry basket (or bucket) in 1 minute. Place a laundry basket (or bucket) sideways and 10 feet away from the shooting line. Each sock scored will count as 1 point. The total amount of socks the team scores will count as their total score.

Point System

The first place team with the top score will receive 80 points. Second place will receive 79 Points. Third place will receive 78 points and so on. The last place team will receive 1 point.

For the complete list of game rules visit bostonchildrens.org/ccrules

contact: corporatecup@chtrust.org or 617.919.6843
bostonchildrens.org/corporatecup



corporatecup
compete. have fun. do good.

presented by:
John Hancock.

Virtual | June 22-June 25 | 12:00pm

stay tuned for more information

Captain's Meeting – May 28
(Captain's Only)



Patient Partner Program



Matching Challenge – June 8



Day 1 Warm Up – June 22



Day 2 Warm Up – June 23



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John Hancock

Virtual | June 22-June 25 | 12:00pm

Day 3 Warm Up – June 24

Shark | NINJA

Day 4 Warm Up – June 25



J. & M. BROWN COMPANY, INC.

Honor Wall



Game Day Playlist



Closing Ceremonies – June 25

P&G Gillette

Team Photo Challenge
 (BONUS POINTS)



contact: corporatocup@chtrust.org or 617.919.6843
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